





## **Best Practice**

# **BREATHING APPARATUS**

#### **BASIS**

Good Health Physical and psychological to wear a breathing apparatus.

FIT test taken To be repeated in case of mask or appearance change, or every two years.

### **VISUAL INSPECTION**

- BEFORE EACH USE BY EMPLOYEE
- ONCE A MONTH BY COMPANY

Check:	Tear, crack, filth, wear; proper elasticity.	
On all elements:	Face pieces Inhalation and Exhalation membranes Adjustment straps	Filters / Cartridges Pump, pipes, canister — if applicable

#### **ADJUST MASK — IN A CLEAN ATMOSPHERE**

! Be close shaven

- Put the breathing apparatus on face, underneath the chin
- Fit the top harness on top of the head
- Attach the bottom straps behind the neck
- Adjust, beginning by the top straps, then the bottom ones

#### **SEAL TESTS** — EACH TIME THE MASK IS PUT ON

Negative Pressure Test	Positive Pressure Test
Block the inhalation valves	Block exhalation valve
Breathe in slowly, the mask should collapse slightly on the face.	Breathe out slightly, the mask should bulge a little.







# **Best Practice**

# **BREATHING APPARATUS (2)**

## TAKE OFF THE MASK - OUTSIDE THE CONTAMINATED AREA

- Eliminate a maximum of dust on the outside off the mask
- Loosen straps
- Tilt the head and take off the mask downward

CARE	Storage	
<ul> <li>Clean the external parts of the filters</li> <li>Take apart and clean all pieces with warm water and mild soap, occasionally alcohol-free wipes</li> <li>Let it dry</li> </ul>	<ul> <li>Used filters should be taken off the mask</li> <li>Store the breathing apparatus, filters and cartridges in different airtight containers</li> <li>Store in a clean, dry place, away from sunlight, contaminants or an excessive heat or cold source</li> </ul>	